

Summer Program Class Descriptions (Classes Vary)

Sabot Sailing

Bronze fundamentals (Level I) this class is for the child who has little or no experience in sailing. The minimum age is 8 and the exclusive boat for this class is the Naples Sabot. You do not need to own your own boat to participate if you register early. The curriculum covers fundamental safety, sailing skills, boat parts and terminology, and necessary knots and rigging. Each sailor is in his/her own individual boat. This eliminates any single child in a group from doing all the sailing as others go along for a ride. The environment is kept fun, light, and above all - safe.

Silver intermediate Sailors should be Bronze Sail certified and able to rig, sail, and dock a Sabot without assistance. The curriculum is a substantial step up from the Bronze Sail class and emphasizes several important seamanship skills including sail handling, safety position and upwind sailing.

Gold performance boat handling starting to race his class is the third step in the certification process. Curriculum focuses on refining the skills learned in Levels I and II.

C3 Silver Sail graduates have the choice of this class or Gold Sail Level III. It is the ticket to improving skills quickly. Curriculum focuses on strong sailing skills, drills, teamwork, sportsmanship, racing and much more.

Sabot Race Team / Nationals Prep Look out Sabot Nationals - here we come! The focus of this class is on gearing up for the Sabot Nationals Championship in August. Extensive prior racing experience is a must. The class follows a fast pace curriculum to build specific racing skills through drills, discussions of strategies and tactics.

Laser Jr. Advanced/Laser Radial Sailing

The Laser is the ideal boat for sailors 12 years and up or more than 145 lbs. Lasers require much more physical activity than a Sabot.

Laser Race Team - This class is the next step for Laser and Laser Radial sailors who are looking to test their skills against other youth sailors. This class encompasses on-the-water drills and exercises, physical preparation and training, discussions of strategy and tactics and constant critique and analysis to get the most from the boat and sailor.

420 Sailing

420 Trapeze/Spinnaker Sailing This is a racing class that will teach the finer points of double-handed sailing. The goal is to develop sailors for local and national regattas.

Teen Learn To Sail This class is a dynamic, challenging class for sailors 13 years old and up. The class uses FJ's to build the foundation of sailing. FJ's are sailed by a crew of two. This is a perfect springboard for year-round participation in CYC Spring and Fall Sailing.